

## NATURE & PEACE

Since 1995

Nature & Peace is a special place for the ones dieting and choosing healthy foods, with its new perspective to the nutrition by, "eat vegetable for a healthy dietary & be peaceful"

Restored and redecorated on October 2008, Nature and Peace; 55 pax total capacity of indoor and outdoor areas, meets the guests with its friendly and cosy atmosphere.

### Our Menus,

You can taste variety of vegetarian dishes that the recipes are special to N&P. It is highly recommended to taste; falafel, lentil veg-meatball, meatball with spinach and soy, grilled vegetables, Turkish ravioli "manti" with soy mince, vegetable garden.

Seasonal Fishes are also among the favourite of N&P; sea bass poached, grilled sea bream, grilled salmon, fried anchovy

Please taste the zestful salads such as finger "hellim" cheese salad, tuna salad, N&P salad, Ceasar salad, chicken salad with sesame, salad with steak filet slices, rocket salad, baby spinach salad.

Prepared with special care, the N&P pastas are noodle with vegetables, tortellini with porcini mushrooms, fettuchini alfredo, nature sauced pasta, spaghetti napoliten, spaghetti bolognese.

What about the unique & light flavor of desserts; pumpkin pie, tiramisu, cheese cake, fried ice-cream, panne cotta. You are invited to experience very special tastes of Nature and Peace' s unique texture to have intimate conversation with your friends as well as enjoying delicious moments.

3 course menus are starting from 11 Euro per person (excluded drinks.)



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The choice of healthy  
food in Beyoglu

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İSTİKLAL CADDESİ

TAKSİM  
SQUARE

Büyük Parmakkapı Sk.

NATURE  
& PEACE

SIRASELİLER  
CADDESİ

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